



It's what you're expecting.

Student Name: \_\_\_\_\_

Date: \_\_\_\_\_

This assessment must be submitted before your application can be processed. Please mail it to:

BetterBirth, LLC Student Self-Assessments  
230 W 170 N  
Orem UT 84057

The skills in the table below are as listed in the Practical Skills Guide for Midwifery, by Pam Weaver & Sharon K. Evans. Please reference that volume if you have a question regarding what is included in a skill. For each skill, answer as accurately as you can:

**The Confidence Scale** (as used in the table below)

- 0) No opinion. I have not had the opportunity to assess the student on this skill.
- 1) Not confident at all. This skill is brand new to the student.
- 2) Not very confident. She may have done it once or twice, but she needs instruction and practice.
- 3) Fairly confident. She has performed it a few to several times, but needs more practice and possibly some instruction.
- 4) Quite confident. She has performed it several to many times, and I think she could do it on her own in most cases.
- 5) Supremely confident. She has mastered this skill and I feel she no longer needs significant practice, supervision or instruction.











